



## MEMORANDUM

To: All Clubs Requesting Competition/Event Sanctioning

From: Kellie Hinnells, Technical Director

Date: July 2, 2008

Re: New Competition/Event Sanctioning Form

Attached you will find the updated Competition/Event Sanction Request Form. Please note that in order to be considered for sanction all of the necessary information must be completed on the forms, all required attachments must accompany the application and payment of the required fee must also be included. Incomplete applications will not be processed until all of the required information has been submitted.

The rules for sanctioning and competition are set as guidelines for ensuring a safe and enjoyable experience for athletes, coaches, officials and supporters. Although you may not agree with some of the rules they must be adhered to. Failure to adhere to the rules set out will result in loss of sanction for the following season.

Beginning in 2008 all clubs hosting a G.O. Sanctioned competition must have a Meet Director who has participated in the G.O. Meet Directors Course within the past 3 years. The annual G.O. Meet Directors Course will be held in late October/early November of each year. In addition we will be adding a January session. The course has been revised and now offers special Rookie and Veteran sessions. Registration information will be circulated in late August.

***New This Fall*** – We will be holding an Event Hosting Workshop for all Meet Directors in September. Attendance is mandatory if you are hosting a Provincial Qualifier, Cup or Championship and optional for those hosting Club Invitational competitions. The competition and hosting rules will be reviewed and tips provided on hosting a sound technical event.



# Hosting Sanction Form



## 1. Discipline

- Aerobic Gymnastics                       Rhythmic Gymnastics  
 General Gymnastics                       Trampoline, Tumbling and Double Mini- Trampoline  
 Men's Artistic Gymnastics               Women's Artistic Gymnastics

## 2. Host Club Information

Name of Host Club Pirouette Rhythmic Gymnastics Club		
Address 2610 Watermusic Bay Cres.		
City Ottawa	Province ON	Postal Code K2J 0T7
Telephone (To be Posted on the G.O. Website) 613-491-0590	Fax	Email (To be Posted on the G.O. Website) evasokol@rogers.com

## 3. Event/Activity Information

Name of the Event Red Ribbon		
Location of the Event (Venue, City, Province) École Jean Robert Gauthier School, 1110 Longfields, Barrhaven, ON		
Requested Date May 23, 2010	Alternate Date #1	Alternate Date #2
List all competitive categories participating (National/Provincial/Invitational/OCP/ODP): Interclub, Provincial		
Age Groups Participating: 8-60	Are You Utilizing:	<input type="checkbox"/> One Set of Equipment <input checked="" type="checkbox"/> Two Sets of Equipment
Will the competition follow the FIG format: <input type="checkbox"/> YES <input checked="" type="checkbox"/> NO		
(if no, indicate what format will be used):      AGA Rules and Regulations		

<b>4. <u>Organizing Committee</u></b>	
Name of Organizing Committee Chair/Meet Director  Sherri Dalton	Date of Last Meet Directors Workshop:
Name of Competition Chief Judge/Judge Responsible (If Available)  Annely Riga	

<b>5. <u>Invitations</u> (For International Events Only)</b>		
a. Would you like the invitation to be sent to US clubs ONLY? (if no, please attach a list of countries you wish to invite)	YES	NO
b. Would you like to invite specific clubs within a country? (if yes, please attach a list of specific clubs and the name of their country)	YES	NO
c. Would you like to invite Canadian National Team Members? (if yes, please attached a list of national team member you wish to invite)	YES	NO

*The rules for sanctioning are set as guidelines for ensuring a safe and enjoyable competitive experience for athletes, coaches, officials and supporters. If Gymnastics Ontario rules for sanctioning and competition have not been followed, the matter will be investigated and appropriate consequences may be applied.*

**Gymnastics Ontario Sanction will be granted provided the following requirements are met:**

1. Safe and adequate equipment must be provided. Gymnastics Ontario standards and specifications (Technical Regulations and Safety Guidelines) must be followed.
2. **Gymnastics Ontario Technical and Competition rules must be adhered to.** Any request for changes must be approved by the Technical Program Manager from that discipline/program.
3. All participants must be registered members of Gymnastics Ontario (athletes, coaches, officials and supporters).
4. Minimum safety requirements for the host facility are met.
5. All non gymnastics activities must be insured. Gymnastics Ontario must be notified of all non-gymnastics activities.
6. **For Rental of Facilities:** Gymnastics Ontario and the host club/organization must be named as additional insured on all policies
7. A written report from the Organizing Chair/Meet Director must be received by GO within 30 days/GCG within 90 days of the completion of the competition.
8. The equipment/facility check list is complete and submitted with this form and the appropriate payment.

**Sanctioning Procedures:**



For GCG office use

Date Received	Request Status
Note	
Program Director Approval	Date
GCG Signature	Date

Facility and Competition Information (All Disciplines)

Square Footage of the Proposed Facility	New high school - Huge double Gym		
Overall Capacity (as per Ontario Fire Code)	plus warm up gym		
Name of Competition Chief Judge/Judge Responsible (by Nov 1 <sup>st</sup> Deadline)	Annely Riga		
<p>Please provide a detailed diagram or photo of the facility which includes the following:                  Facility Dimensions (length, width, ceiling height)                  Floor Plan Outlining: Placement of Judges Tables, Announcer, Rest Areas, Scoring Areas, Landing Area Dimensions, Run Up Lengths, Proximity of Equipment to Walls, Entrances etc.</p> <p><input type="checkbox"/> We are utilizing the same facility as in the 2007/2008 season. Please utilize the diagram submitted with last seasons' sanction request.</p> <p><input type="checkbox"/> We are utilizing a new facility and have enclosed the required diagram.</p>			
<u>Other Relevant Information:</u>			
Spectator Seating Capacity:		500	
# of Public Restrooms:		4	
# of Restrooms/Changerooms for Athletes(separate from public)		6	
Vault - Landing on Hard Surface or Pit	N/A	Hard Surface <input type="checkbox"/>	Pit <input type="checkbox"/>
Support Posts Located Within 10 ft of the Competitive Floor		Yes <input type="checkbox"/>	No <input type="checkbox"/>
	N/A		

## Equipment Check List

### Women's Artistic Competition

<i>Required Equipment</i>	<i>Make/Type</i>	<i>Age</i>	<i>Not Available</i> (✓)
<b><u>VAULT:</u></b>			
1 - 7.5' x 6' x 20 c.m. Landing Mat			
1 - 7.5' x 12' x 20 c.m. Folding Mat			
2 - Supplementary 5 c.m. Mats			
1 - Supplementary 10 c.m. Mat			
1 - Training 20 c.m. Mat			
1 - Vault Table			
1 - Vault Runway			
1 - Collar Mat for Beatboard			
1 - Hand Mat			
Minimum 2 - Beatboards			
<b><u>BARS:</u></b>			
1 - 7.5' x 6' x 20 c.m. Landing Mat			
4 - 7.5' x 12' x 20 c.m. Folding Mats			
2 - Supplementary 5 c.m. Mats			
1 - Supplementary 10 c.m. Mat			
1 - Training 20 c.m. Mat			
1 - Beatboard			
1 - Set Uneven Bars			
3 - Bar Rails (40 mm +/- 1 mm in diameter)			
<b><u>BEAM:</u></b>			
1 - 7.5' x 6' x 20 c.m. Landing Mat			
3 - 7.5' x 12' x 20 c.m. Folding Mats			
2 - 7.5' x 12' x 20 c.m. V4S Folding Mats			
1 Pair Leg Mats			
2 - Supplementary 5 c.m. Mats			
1 - Supplementary 10 c.m. Mat			
1 - Training 20 c.m. Mat			
1 - Beam			
1 - Beatboard			
<b><u>FLOOR:</u></b>			
1 - 42' x 42' Floor (Cube or Spring)			
4 - Corner Safety Mats			
2 - Supplementary 5 c.m. Mats			
1 - Supplementary 10 c.m. Mat			

**Men's Artistic Competition**

<b>Required Equipment</b>	<b>Make/Type</b>	<b>Age</b>	<b>Not Available (✓)</b>
<b><u>VAULT:</u></b>			
1 - 7.5' x 6' x 12 or 20 c.m. Landing Mat			
1 - 7.5' x 12' x 12 or 20 c.m. Folding Mat			
Supplementary Mats: 2 - 5 c.m. and 1 - 10 c.m.			
1 - Training 20 c.m. Mat			
1 - Vault Table			
1 - Vault Runway			
1 - Collar Mat for Beatboard			
1 - Hand Mat			
Minimum 2 - Beatboards			
<b><u>HIGH BAR:</u></b>			
3 - 7.5' x 12' x 20 c.m. Folding Mats			
1 - Competition High Bar			
Supplementary Mats: 1 - 5 c.m. and 1 - 10 c.m.			
1 - Training 20 c.m. Mat			
<b><u>RINGS:</u></b>			
2 - 7.5' x 6' x 20 c.m. Landing Mat			
1 - 7.5' x 12' x 12 or 20 c.m. Folding Mats			
Supplementary Mats: 1 - 5 c.m. and 1 - 10 c.m.			
1 - Supplementary 10 c.m. Mat			
1 - Training 20 c.m. Mat			
1 - Still Rings Set			
<b><u>POMMEL HORSE:</u></b>			
1 - Pedestal Base Leather Pommel Horse			
1 - 12' x 12' x 10 c.m. Folding Mat			
Supplementary Mats: 1 - 5 c.m. and 1 - 10 c.m.			
1 - Vault Board			
4 - Mat 4' x 4' x 1.25" Velcro 4 Sides			
1 - Floor Buck/Single Pommel			
1 - Floor Mounted Synthetic Pommel Horse			
<b><u>PARALLEL BARS:</u></b>			
1 - 14' x 16' x 20 c.m. Folding Mat			
3 - 7.5' x 6' x 20 c.m. Landing Mat			
Supplementary Mats: 1 - 5 c.m. and 1 - 10 c.m.			
1 - Training 20 c.m. Mat			
1 - Vault Board			
1 - Set Competition Parallel Bars			
<b><u>FLOOR:</u></b>			
1 - 42' x 42' Floor (Cube or Spring)			
4 - Corner Safety Mats			
Supplementary Mats: 2 - 5 c.m. and 1 - 10 c.m.			

**Rhythmic Gymnastics Competition**

<b>Required Equipment</b>	<b>Make/Type/Details</b>	<b>Age</b>
Competition Carpet <i>(Minimum 13m x 13m – interior of the line)</i>	14 x 14 m	1 yr. Kanata RSG Club's
Warm-up Carpet <i>(Indicate Size)</i>	14 x 14 m	4 yrs.
Sound System with Microphone: <i>Dual cassette and CD capabilities required. Indicate if system used for competition before.</i>	✓	
Back-Up Sound System (as above)	✓	
Ceiling Height <i>Minimum 8 metres without obstructions – recommended 10 metres without obstructions</i>	10 m	
Detail any Ceiling Obstructions		
Type of Scoring System <i>Indicate if the system has been used previously.</i>	As per G.O.	
Name of the Chief Scorer	Sherri Dalton	

**Aerobic Gymnastics Competition**

<b>Required Equipment</b>	<b>Make/Type/Details</b>	<b>Age</b>
Minimum Artistic Floor ( <b>Aerobics Floor Preferred</b> )  <i>(OR a cushioned floor with a wood or parquet surface, or the floor must be approved by the Aerobics Technical Committee – minimum 10m x 10m area lined)</i>		
Sound System with Microphone  <i>(dual cassette and CD capabilities)</i>  <i>Include details of back-up sound system.</i>		
Name of Judges Panel Chair		
Details of Athlete Warm-Up Area and Judging Area		

**Trampoline and DMT Competition**

<b><i>Required Equipment</i></b>	<b><i>Make/Type</i></b>	<b><i>Age</i></b>
Minimum 2 Trampolines <i>(including frame pads, end-decks and end deck mats)</i>		
Gym Mats <i>(sufficient to cover the floor surrounding the trampolines)</i>		
Minimum 1 Throw In Mat		
Double Mini Trampoline <i>(includes frame pads, run up and landing area)</i>		
Judges Platform <i>(raised 1m from ground level – must seat min 9 people)</i>		

**Tumbling Competition**

<b><i>Required Equipment</i></b>	<b><i>Make/Type</i></b>	<b><i>Age</i></b>
Tumbling Strip <i>26m long "A rod-style"</i> <i>Top Strip = two layers of 2" padded foam carpet or 1 layer of 2" padded foam carpet and 1 ¼" carpet</i>		
<i>Single Layer of Padded Floor Covering Along Both Sides of the length of the Tumbling Strip</i>		
Landing Zone <i>(a single, specially constructed mat or several gymnastics landing mats firmly secured together – two 8" thick landing mats placed side to side is acceptable)</i>		
Run Up <i>(11m long and equal to the height of the tumbling strip)</i>		
Springboard <i>(minimum 1)</i>		
Training Mat – <i>(minimum 8" thick)</i>		
Supplementary Mat – <i>(1 to 2" throw mat)</i>		